



2023 Apollo Projects NZ Swimming C...



Swimming New Zealand



4x200m Freestyle Men Final

Points Swimmers Files Scoreboard

- Session 1 Sat | 10:10 AM
- Session 2 Sat | 05:40 PM
- Session 3 Sun | 10:10 AM
- Session 4 Sun | 05:40 PM
- Session 5 Mon | 10:10 AM
- Session 6 Mon | LIVE**
- Session 7 Tue | 10:10 AM
- Session 8 Tue | 05:40 PM

Session 6 Monday 05:40 PM		
17	05:40 PM	400m Freestyle Men Final
111	05:48 PM	400m Freestyle Men Multi...
24	05:57 PM	400m Freestyle Women Fi...
18	06:06 PM	100m Butterfly Women Final
112	06:13 PM	100m Butterfly Women Mu...
19	06:18 PM	200m Breaststroke Men Fi...
20	06:25 PM	200m Breaststroke Wome...
21	06:45 PM	50m Backstroke Men Final
113	06:49 PM	50m Backstroke Men Multi...
22	06:54 PM	50m Backstroke Women Fi...
114	07:00 PM	50m Backstroke Women M...
23	07:05 PM	100m Butterfly Men Final
115	07:12 PM	100m Butterfly Men Multi...
116	07:17 PM	400m Freestyle Women M...
25	07:26 PM	4x200m Freest... LIVE
26	07:39 PM	4x200m Freestyle Women ...

116 400m Freestyle Women Multi-Class Final Official

Qualified Heats

Total

Rank	Competitor	Age	Club	RT	FINA	Result
1	Benn Ella	19	Selwyn Swi...	+0.84		5:09.04 Entry: 5:08.21 (+ 0.83)
	50m: 34.72		100m: 1:12.34 (37.62)			
	150m: 1:50.99 (38.65)		200m: 2:30.05 (39.06)			
	250m: 3:09.55 (39.50)		300m: 3:49.65 (40.10)			
	350m: 4:29.59 (39.94)		400m: 5:09.04 (39.45)			
2	Smith Gaby	16	Vikings Swi...	+0.75		4:58.44 Entry: 5:05.34 (- 6.90)
	50m: 34.39		100m: 1:11.82 (37.43)			
	150m: 1:50.15 (38.33)		200m: 2:28.37 (38.22)			
	250m: 3:06.60 (38.23)		300m: 3:45.25 (38.65)			
	350m: 4:22.59 (37.34)		400m: 4:58.44 (35.85)			
3	Mason Lili-F...	17	Wharenui Sw...	+0.78		5:08.37 Entry: 5:19.45 (- 11.08)
	50m: 34.88		100m: 1:12.51 (37.63)			
	150m: 1:50.94 (38.43)		200m: 2:30.49 (39.55)			
	250m: 3:10.12 (39.63)		300m: 3:50.04 (39.92)			
	350m: 4:29.70 (39.66)		400m: 5:08.37 (38.67)			